



The  
British  
Psychological  
Society

Chartered Psychologist

**DR. JOANNA NORTH M.A., DPsych. CPsychol. CSci**  
**Chartered Psychologist & Psychotherapist**  
**2 Stable Farm,**  
**Collipriest,**  
**Tiverton,**  
**Devon EX16 4PT**



e-mail: [joanna@joannanorth.co.uk](mailto:joanna@joannanorth.co.uk)  
web-site: [www.joannanorth.co.uk](http://www.joannanorth.co.uk)




---

**PROFESSIONAL QUALIFICATIONS & EXPERTISE**

---

**2016/17 WINNER of BRITISH PSYCHOLOGICAL SOCIETY ‘ PROFESSIONAL PRACTICE AWARD FOR DISTINGUISHED CONTRIBUTION TO PSYCHOLOGY IN PRACTICE ‘**

**Professional Qualification(s)**

**2017 CHAIR OF BRITISH PSYCHOLOGICAL SOCIETY PSYCHOTHERAPY SECTION**

ASSOCIATE PROFESSOR OF COUNSELLING & PSYCHOTHERAPY - Richmond University, London

BOARD MEMBER : BRITISH PSYCHOLOGICAL SOCIETY PSYCHOTHERAPY COMMITTEE

CARE QUALITY COMMISSION - Clinical Advisor

CHARTERED MEMBER (Research) AND ASSOCIATE FELLOW OF BRITISH PSYCHOLOGICAL SOCIETY  
( Membership No. 316821 )

CHARTERED SCIENTIST – Registered through British Psychological Society ( Reg. No. BPS/1181316821 )

REGISTERED TEST USER: FORENSIC - THE BRITISH PSYCHOLOGICAL SOCIETY

DOCTORATE IN PSYCHOTHERAPY – Metanoia Institute / Middlesex University

ADOS TRAINED BY PEARSON ASSESSMENT – Autism Diagnostic Observation Scale.

MASTERS DEGREE IN PSYCHOTHERAPY – University of Bath Spa

SENIOR ACCREDITED MEMBER OF BRITISH ASSOCIATION OF COUNSELLING & PSYCHOTHERAPY  
(Membership No. 681408 )

ACCREDITED EXPERT WITNESS (Cardiff University certificate in Expert Witness Practice)

OFSTED Registered ( Adoption Support Agency ) as providing an ‘Outstanding Service’

SOCIETY OF EXPERT WITNESSES. Member

EMDR trained Association of England and Wales. (Trauma treatment)

CHILD ATTACHMENT (Proficient Assessor of Child Attachment Interview University College London)

ADULT ATTACHMENT (Proficient Assessor of Adult Attachment Reflective Functioning University College)

ADULT ATTACHMENT INTERVIEW (Trained by Mary Maine Institute)

ADOS – Autism Diagnostic Probability Test – trained by Pearson Education.

**Areas of Expertise**

- Assessment of Attachment Relationships: Child and Adult
- Child Protection and Safeguarding

- Parent Infant Interaction and Relationship.
- Adoption and Fostering`
- Assessment of children, young people and families
- Family Systems and Dynamics
- Impact of Trauma, Abuse and Neglect
- Behavioural Difficulties in Children and Young People
- Addiction and Motivational Interviewing
- Treatment Planning

---

## RELEVANT EXPERIENCE

---

I have worked as an Expert Witness for twelve years for the Family Court and completed over two hundred and fifty assessments. For the last year I have worked as an Associate Professor for Richmond, The American University, in London teaching models of psychotherapy to psychology undergraduates. My Doctoral thesis was a research project in helping adopted children with complex behaviour and placement difficulties, and I have worked for twenty years in the Looked After Children Sector writing therapeutic plans. I am author of three books. The first was in 2010 called **How to think about Caring for a Child with Difficult Behaviour** (Watershed Publishing). My second was **Mindful Therapeutic Childcare** published in 2014 by Jessica Kingsley Publishing, and my third book **Mind Kind – Your Child’s Mental Health** focuses on Child Mental Health and was published in April this year.

I am currently working in private practice having completed a one year contract as a Psychologist and Psychotherapist Locum for the NHS CAHMS in Torbay, Devon through the agency Day Webster. I completed this as a Band 7 Psychologist specialising in Eating Disorders (Individual and Family) and Enduring Mental Health problems in children. In addition I am experienced at working with the IAPTUS model for treating anxiety, depression, social phobia, OCD and panic in children. I am fully trained in EMDR and use this to treat trauma in children. I am also fully trained in ADOS Autism Observation Schedule and the Child Attachment Interview. I have twenty three years of experience and work with complex cases involving children, adults and families. I am Director of Joanna North Associates Ltd – a Therapeutic Consultancy engaging in therapeutic work and training ([www.joannanorth.co.uk](http://www.joannanorth.co.uk)). I also work in private practice with Looked After Children within the Child Protection System. I have a Masters Degree in research in this subject and a Doctorate in Psychotherapy from Middlesex University. I am both a Chartered member and Associate Fellow of the British Psychological Society. I am also a Chartered Scientist, a Psychotherapist, and Senior Accredited member of the British Association of Counselling and Psychotherapy (overseen by the Professional Standards Authority) and my Office is OFSTED registered for work with Fostering and Adoption Support (registered as Outstanding).

I run a clinical caseload, as well as undertaking Report Writing and Assessment of Family Therapy Needs and Attachment Styles for both Adults and Children. I train care staff to support children with complex behavioural difficulty, and clinically supervise teams who work with children in the care system. In 2015 I have opened a Private Mental Health Clinic in Exeter for Children, Adults and Families ([www.Exetermentalhealth.co.uk](http://www.Exetermentalhealth.co.uk)) (click on Mental Health Clinic).

---

## QUALIFICATIONS, TRAINING & RESEARCH

---

Date	Qualification	Institute
2018	3Di Autism Assessment Training	University College London
2015	ADOS 2 - Autism Diagnostic Observation Schedule	Pearson Clinical
2014	Registered Test User : Forensic Psychometric Testing	British Psychological Society
2013	Certificate of Competence in Psychometric Testing (Test Administration Levels A and B)	University of Cambridge Psychometrics Centre
2013	Awarded Chartered Status of British Psychological Society	British Psychological Society

2012	Certificate in Interpersonal Neurobiology – The Mindful Therapist The Foundations of Interpersonal Neurobiology	Dan Siegel - The Mindsight Institute
2012	<b>PIRAT</b> – Parent Infant Relational Assessment Tool November 2012	Anna Freud Institute, London
<b>2010</b>	<b>Doctorate in Psychotherapy</b> ( with Commendation ) ‘How Can We Transform the Lives of Children with Complex Behaviour’	<b>Middlesex University</b>
2007/8	Trained in Part I, II & III of Eye Movement Desensitization and Reprocessing – EMDR	EMDR UK & Ireland
2006	Reliable Assessor in Child Attachment Interviews	UCL / Anna Freud Centre
2006	Trained in Stem Story Interviews	Anna Freud Centre
2006	Certificate in Adult Attachment Interviews ( Mary Maine )	Adult Attachment Institute
2006	Use of Parent Development Interviews	Prof. Arietta Slade – City University of New York
2005	Certificate in Advanced Cognitive Behavioural Skills	Prof. Stephen Palmer – L.C.S.M
2005	Attachment Interventions – Levels I , II , III	Dr. Dan Hughes – U.S.A
2005	Certificate in Reflective Functioning	Anna Freud Centre/UCL
2005	Trained in Child Attachment Interviews	UCL / Anna Freud Centre
2005	Cardiff University Expert Witness Certification	Bond Solon – London
<b>2004</b>	<b>Masters Degree in Psychotherapy</b>	<b>University of Bath Spa College</b>
2003	Diploma in Performance Coaching	Newcastle College
2002	Certified Clinical Supervisor	University of Bath Spa College
2000	Diploma in Clinical Supervision	Iron Mill Institute
1993	Accredited Psychotherapist	UK Council for Psychotherapy
1992	Diploma in Integrative Psychotherapy	UK Council for Psychotherapy

---

## MEMBERSHIPS & PUBLICATIONS

---

### Professional Memberships

- Chartered Member and Associate Fellow of British Psychological Society.
- Senior Accredited Member of British Association of Counselling and Psychotherapy
- Society of Expert Witnesses
- EMDR ( Eye Movement Desensitization & Reprocessing ) Association UK & Ireland

### Publications & Presentations:

- Chapter 10 in Eddie McNamara’s Motivational Interviewing  
‘Motivational Interviewing and Looked After Children’ PMB Publications 2018
- Publication: **A Year in the NHS and why it convinced me of the value of Private Practice.**  
British Association of Counselling and Private Practice – Private Practice magazine. June 2015.
- Publication: **Child Exploitation: How do we make it stop.**  
Children in Scotland (every child-every childhood) Issue 150. Winter 2013.
- Publication: **‘Mindful Therapeutic Care for Children – A Guide to Reflective Practice.**  
Published by Jessica Kingsley Publishing, London September 2013.

- Publication: Practice Paper - **When Parents Aren't Good Enough. How do we help a child to process the fact that their parents were unable to provide good enough parenting.**  
'Therapy Today' for Counselling and Psychotherapy Professionals vol. 24/Issue 4 May 2013
- Publication: **Thinking about Mum or Dad. How do we help a child process the fact that Mum or Dad couldn't manage to provide good-enough parenting?**  
British Association of Counselling and Psychotherapy (p.16-19) March 2013
- Publication: **'Adoption Support - What Works and Why'.**  
'Children and Young People Now' Magazine August 2012.
- Publication: **Working with the State as Parent. Counselling and Psychotherapy with Children on a Care Order.**  
British Association of Counselling and Psychotherapy.  
'Counselling Children and Young People' Magazine March 2011.
- Publication: **'How to Think about Caring for a Child with Difficult Behaviour'.**  
Published by Watershed Publishing, Norwich January 2010  
**Available from Joanna North Associates ISBN 978 0 9528713-3-0**
- **Certificate of Recognition from outgoing Chair of UKCP** December 2010  
'In recognition of Outstanding Services to Psychotherapy within United Kingdom Council for Psychotherapy'.
- **Guest Editor of UKCP Magazine Publication** March 2009  
'The Psychotherapist as an Expert Witness'
- **International Journal of Psychotherapy** November 2008  
Parenting Today:
- **Attachment – New Directions in Psychotherapy and Relational Psychoanalysis**  
Applications of the Child Attachment Interview: A Practitioner-Researcher's Experience of Working with the Measure of Attachment in Middle Childhood v.2 No.3 November 2008
- **The Psychotherapist: - A Quarterly publication by United Kingdom Council for Psychotherapy. Issue 36** Winter 2008  
'Research in Psychotherapy'
- **Child Development - A Training Programme written for CAF/CASS** 2007  
( Child & Family Court Advisory Service & Support )
- **The Psychotherapist: A Quarterly publication by United Kingdom Council for Psychotherapy. Issue 31** Summer 2006  
'The Uses of Control – Some Personal Reflections of a Practising Psychotherapist'.
- **Attachment, Separation & Loss Phase II - A Training Programme** 2006  
written for CAF/CASS ( Child & Family Court Advisory Service & Support )
- **The Psychotherapist: - A Quarterly publication by United Kingdom Council for Psychotherapy. Issue 29** Winter 2005  
'Ethical Issues in Psychotherapy with Disturbed Children'
- **Attachment, Separation & Loss Phase I - A Training Programme** 2005  
written for CAF/CASS ( Child & Family Court Advisory Service & Support )
- **National Youth Advocacy Service Magazine 'Representing Children'** 2005  
A Quarterly Journal for all those concerned with the Rights and Welfare of Children and Young People

- **Yes' magazine** - I have written and had published throughout a series of articles on Women, Lifestyle, Self Image and Food. 1999
- **The Journal of Humanistic Psychology, Self and Society**  
‘Working with Children: Aren't they worth it?’ v.27, No1. March 1999
- **‘UKCP annual conference at Churchill College, Cambridge**  
I participated in the conference and presented a forum on ‘Working with Emotionally and Behaviourally Disturbed Children’. 1997

---

## CONTRACTS AND WORK HISTORY FOR JOANNA NORTH ASSOCIATES

---

**Current:**

**CHAIR OF BRITISH PSYCHOLOGICAL SOCIETY PSYCHOTHERAPY SECTION - 2017**

**CARE QUALITY COMMISSION - CLINICAL ADVISOR**

**September 2014** – Contracted as Clinical Advisor inspecting Care Homes

**CHILD & ADOLESCENT MENTAL HEALTH SERVICES – TORBAY, DEVON**

**March 2014 to April 2015** Contracted with CAMHS in Torbay as a Band 7 Psychologist & Psychotherapist.

**RICHMOND UNIVERSITY – ASSOCIATE PROFESSOR & LECTURER IN COUNSELLING & PSYCHOTHERAPY**

**September 2013** - Contracted as part-time lecturer in Counselling and Psychotherapy to students on Psychology Degree course.

**ASSESSMENTS FOR THE FAMILY COURT / EXPERT WITNESS**

**Since 2002** I have provided assessments for Psychotherapy to the Family Court in my work as an Expert Witness. I use Family Systems Theory and Attachment Theory and Neuroscience to inform my work with families and report writing. I also provide psychotherapy sessions for adult clients, in particular those who have learning difficulties or who may not otherwise engage easily in the therapeutic process. I have completed and passed the Certificate in Expert Witness Practice with Cardiff University (Bond Solon). To date I have completed over two hundred reports for the Family Court.

**PARENTING PROFILES**

**2008 - present.** Independent Associate providing Expert Witness Reports in London.

**CARTER BROWN ASSOCIATES**

**September 2003-2008.** Independent Associate providing Expert Witness Reports throughout U.K.

**PSYCHOTHERAPIST PRIVATE PRACTICE.**

**1998 – present and continuing.** Psychotherapist working with children, adults and families in private practice. Specialist in working with Looked after Children.

**ABIDE THERAPEUTIC CHILDCARE**

**2011 – 2013** Abide Therapeutic Childcare – A Children’s Home providing therapeutic care for troubled children. In 2013 this company was sold to Crossways Care Ltd Devon for whom I continue to work as a psychotherapist.

**CAFCASS**

**September 2003 – 2011** National Training Provider for the government body CAFCASS ‘Children and Family Court Advisory and Support Service’. This appointment brings together the two main themes of my work namely work with children in care together with family assessment and recommendations for those involved in Family Court cases, and my work as a trainer. In addition I was contracted to write the training module on ‘Attachment, Separation & Loss’ for Family Court Advisors. This has been rolled out nationwide from the early part of 2005 - 2011

I have also written a module for CAFCASS in Child Development 2007 – 2011.

## **TRAINING CONSULTANT**

**2006 - 2008** Training consultant to Working Links Plymouth a charity providing training and counselling to long term unemployed.

## **ROYAL DEVON AND EXETER HEALTH CARE TRUST**

**2004** I was contracted by the RDE Health Care Trust to provide therapy for a new Treatment Foster Care Service to children in Devon. For this I was required to assess in detail the child's therapeutic needs and contribute to the therapeutic care plan, working closely with Specialist Foster Parents who provide treatment placements for children with attachment and behavioural difficulties.

## **PSYCHOTHERAPIST – CHELFHAM MILL SCHOOL, BARNSTAPLE, DEVON.**

**1996 - 1998** Cognitive/Behavioural and integrative approach to psychotherapy at a residential unit for boys aged six to twelve

## **MENTAL HEALTH SERVICES DEVON**

**1995 - 1997** – The Victory Centre, Exeter. Group Psychotherapy Centre Exeter for clients suffering from anxiety, depression, addiction and stress related disorders

## **FAMILY THERAPY CLINIC, DEPT. CLINICAL PSYCHOLOGY, WONFORD HOSPITAL, EXETER.**

**1994 - 1997** – Member of the Family Therapy Team at Family Therapy Clinic Exeter for three years applying systemic family therapy.

## **Consultancy Services provided by Joanna North Associates**

My consultancy provides support services for organisations involved in therapeutic childcare as follows:

1. Assessments & Court Reports for Family Court.
2. Adoption Support Agency – supporting adoptive families with counselling and psychotherapy.
3. Assessments for Family Therapy and ongoing work.
4. Psychotherapy for children, and looked after children.
5. Supervision and Training for staff caring for children.
6. Advice, support, recruitment and training for child care organisations.
7. Team building for care staff.
8. Advice on specialised therapeutic care plans and implementation.
9. Assessments for psychotherapy and Individual adult psychotherapy sessions.

---

## **OTHER RELEVANT INFORMATION**

---

- I have full enhanced DBS (CRB) clearance.
- I hold personal professional indemnity insurance.

End of c.v. for Dr. Joanna North.